



# BRAG LIST

*Directions:* Write down 10 accomplishments you have achieved in your professional career over the last two years. The accomplishments can be large or small, but should be as specific as possible and outline your role in getting the task done. After your list is complete, find someone and share your list either in person or over the telephone. Do not just email the list. You must \*brag\* on yourself to someone else.

Articles to read to get you primed:

- 10 Ways To Brag About Yourself Without Sounding Like A Jerk
  - <http://www.businessinsider.com/10-ways-to-talk-about-yourself-without-sounding-like-a-jerk-2014-3>
- How to Master the Art of Bragging Like a Pro
  - <https://www.glassdoor.com/blog/bragging/>
- The Right Way to Brag About Yourself
  - <https://hbr.org/2015/05/the-right-way-to-brag-about-yourself>

Book for further reading:

Brag!: The Art of Tooting Your Own Horn without Blowing It  
<https://www.amazon.com/Brag-Tooting-Your-without-Blowing/dp/0446692786/>



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